Barwell Road Community Center

Zumba Fitness



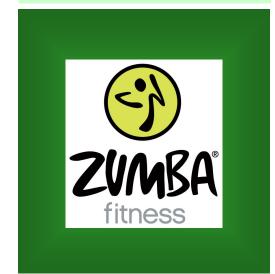


Barwell Road Center

3935 Barwell Road Raleigh, NC 27610

(919) 329-5994

E-mail: Barwell.Road @raleighnc.gov



Dance your way to reaching your fitness goals!

This aerobic fitness class uses rhythms from Latin music. No previous dance experience is necessary. Wear comfortable clothing and you may bring small weights. Class taught by certified Zumba Instructor, Portia Walton.

This is a great class for all fitness levels!

Ages 13 and older

Mondays 6pm - 7pm Thursdays 6:30pm - 7:30pm

18 and older 13-17 year olds \$5 per night \$3 per night

*Pre-registration is not required, but please come early to sign in. Staff are not able to make change.

